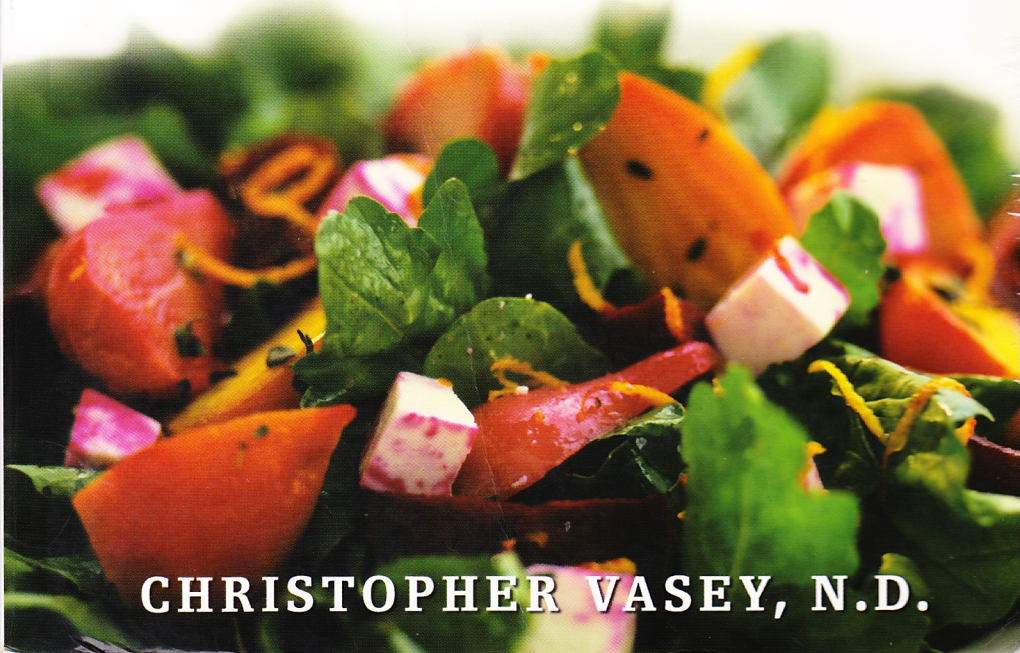


REVISED SECOND EDITION

# *The* Acid- Alkaline Diet

*for Optimum Health*

Restore Your Health by  
Creating pH Balance in Your Diet



CHRISTOPHER VASEY, N.D.